

## ***Sexual Health History Taking for Nurses***

**17 April to 28 May 2023**

*Supported by an unrestricted grant from Gilead Sciences Pty Ltd*

*Endorsed by*



A six week interactive, facilitated online course that examines current epidemiological and sociological rationales for taking a sexual health history taking.

### **Topics covered include:**

- Epidemiology
- Communication
- Testing and Risk Assessment
- Interview Skills
- Australian Contexts
- Professional Development

**Who should attend?** Registered and enrolled nurses working in general practice or new to the sexual health sector.

### **Requirements:**

Participants will need an email address and access to the internet. Capacity to undertake a minimum of 3 hours study per week over 6 weeks. There is no set time to be online but participants are expected to log in each week and contribute to discussion fora. This course is counted as 18 hours of continuous professional development.

### **Free Enrolment – Gilead Science Sponsored**

For enquiries or to register, please contact Albion Education and Development

Email: [education@thealbioncentre.org.au](mailto:education@thealbioncentre.org.au)

Tel: (02) 9332 9720

Fax: (02) 9332 9775

Website: <http://thealbioncentre.org.au/education-and-information>

*The Albion Centre - Working towards the virtual elimination of HIV transmission by 2020 and the elimination of Hepatitis C as a public health threat by 2030*

## Learning Outcomes:

- Modify a communication style and establish a rapport, where appropriate, to accommodate differences in comprehension due to age, culture, language, health condition, disability and wellbeing
- Articulate how the geographic, cultural and socio-economic characteristics of a local community may impact on the health of individuals
- Integrate knowledge of current trends in sexual health in Australia to obtain informed consent and routine testing for at risk clients
- Apply a person-centred approach to sexual health history taking; including screening and managing risk practice
- Demonstrate ability to initiate discussion about STI and BBV prevention, transmission, implications of results and contact tracing requirements
- Identify how to incorporate sexual health history taking into own practice
- Identify referral pathways to health practitioners and service
- Articulate a working knowledge of laws relating to sexual health, own scope of practice and compliance with nursing standards, guidelines, legislation and regulations
- Appraise own nursing practice and seek opportunities for professional development

## Course Outline and Schedule:

	Topic	Activities to complete
Week 1	<b>Background and Epidemiology</b> <ul style="list-style-type: none"> <li>• Trends in Sexual Health</li> <li>• Health Systems</li> <li>• Governance</li> </ul>	<ul style="list-style-type: none"> <li>• Complete introductory forum</li> <li>• Read articles and perform quiz</li> <li>• Review course readings &amp; Watch a video</li> <li>• Read sexual health nurse comments</li> </ul>
Week 2	<b>Communication</b> <ul style="list-style-type: none"> <li>• Language</li> <li>• Communication Styles</li> <li>• Stigma and Discrimination</li> </ul>	<ul style="list-style-type: none"> <li>• Perform collaborative wiki</li> <li>• Review course readings &amp; Watch videos</li> <li>• Contribute to group forum</li> </ul>
Week 3	<b>Testing</b> <ul style="list-style-type: none"> <li>• Risk Assessment</li> <li>• Sexual Practice and Risk</li> <li>• Testing</li> <li>• Contact Tracing</li> </ul>	<ul style="list-style-type: none"> <li>• Review course readings &amp; Watch videos</li> <li>• Participate in group activities: sexual health history taking</li> </ul>
Week 4	<b>Interview</b> <ul style="list-style-type: none"> <li>• Men who have sex with men</li> <li>• Sex workers</li> <li>• Young People</li> </ul>	<ul style="list-style-type: none"> <li>• Watch videos</li> <li>• Participate in the fora</li> </ul>
Week 5	<b>Australian Contexts</b> <ul style="list-style-type: none"> <li>• Sexual Health Strategies</li> <li>• Working with Communities</li> </ul>	<ul style="list-style-type: none"> <li>• Review course readings</li> <li>• Perform quiz</li> <li>• Participate in group forum</li> </ul>
Week 6	<b>Professional Development</b> <ul style="list-style-type: none"> <li>• Boundaries</li> <li>• Self-Care and Caregiving</li> <li>• Supervision</li> <li>• Motivational Interviewing</li> </ul>	<ul style="list-style-type: none"> <li>• Review course readings</li> <li>• Participate in group forum</li> <li>• Participate in group activity: supervision</li> <li>• Watch videos</li> <li>• Complete course evaluation</li> </ul>

## What others said about this course:

“Fantastic, well worth doing! So organised and professional”.

“The course has proved to be very relevant to my role and helped me build confidence to provide quality health care to my patients”.

“A good course – even for seasoned professionals!”