

# **Sexual Health for Trans & Gender Diverse Clients**

**17 November 2022**

Endorsed by  **ASHHNA**  
AUSTRALASIAN SEXUAL HEALTH & HIV NURSES ASSOCIATION INC.

A one day workshop on providing inclusive and welcoming sexual health care services for transgender and gender diverse people.

## **Topics covered include:**

- Introduction to transgender health
- The consumer perspective
- Mental Health issues affecting the community
- Transitioning – medical and psychosocial issues
- HIV and sexual health – considerations for the transgender community
- The transgender community and health systems – issues and solutions

## **Who should attend?**

For nurses, doctors and allied health workers. The Workshop is equivalent to 7 hours of study, which may be counted towards continuing professional development within your discipline.

## **Location:**

Worrall Lecture Theatre at Sydney and Sydney Eye Hospital.  
8 Macquarie St – Sydney NSW 2000

## **Course Fees: Free**

**For enquiries or to register, please contact Albion Education and Development**

Email: [education@thealbioncentre.org.au](mailto:education@thealbioncentre.org.au)  
Tel: (02) 9332 9720  
Fax: (02) 9360 4387 or  
Website: <http://thealbioncentre.org.au/education-and-information>

*The Albion Centre – Working towards the virtual elimination of HIV transmission and the elimination of Hepatitis C as a public health threat by 2030*

## Learning outcomes:

- Understand the definitions and terminology commonly used in transgender health
- Gain awareness and have the opportunity to discuss identity, personal journey, issues with accessing or using health care with a community member
- Explain the biopsychosocial aspects of transgender care and incorporate this into standard health care provision within a service
- Recognise the transgender specific health needs (hormone provision, fertility and mental health issues, sexuality and sexual function)
- Identify and gain confidence in Sexual health and HIV specific needs for the TGD community.
- Apply the newly acquired knowledge, language and skills for providing care to the TGD community in case studies

## Programme:

Introductions
Trans 101 – definitions, terminology, language and identity.
Consumer – transgender speaker discussing identity, personal journey, issues with accessing and using health care
Transitioning – medical and psychosocial issues
Case study 1
HIV and sexual health - risks and considerations for the trans community
Mental health issues
Case study 2
The transgender community and health systems – issues and solutions.

## What others said about this course:

“Great overview, well done guys. Presenters were fantastic, especially Maggie and Mel- great energy guys! Incredible knowledge base and passion! Inspiring!”

“Highly recommended, will educate cis peers on what I’ve learned”

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