

Sexual Health for Trans & Gender Diverse Clients

16 September 2021



A one day workshop on providing inclusive and welcoming sexual health care services for transgender and gender diverse people.

Topics covered include:

- Introduction to transgender health
- The consumer perspective
- Mental Health issues effecting the community
- Transitioning medical and psychosocial issues
- HIV and sexual health considerations for the transgender community
- The transgender community and health systems issues and solutions

Who should attend?

For nurses, doctors and allied health workers. The Workshop is equivalent to 7 hours of study, which may be counted towards continuing professional development within your discipline.

Location:

Surry Hills, Sydney

Course Fees: \$205 including GST

For enquiries or to register, please contact Albion Education and Development

Email: <u>education@thealbioncentre.org.au</u>

Tel: (02) 9332 9720 Fax: (02) 9360 4387 or

Website: http://thealbioncentre.org.au/education-and-information

The Albion Centre - Working towards the virtual elimination of HIV transmission and the elimination of Hepatitis C as a public health threat by 2030

Learning outcomes:

- Understand the definitions and terminology commonly used in transgender health
- Gain awareness and have the opportunity to discuss identity, personal journey, issues with accessing or using health care with a community member
- Explain the biopsychosocial aspects of transgender care and incorporate this into standard health care provision within a service
- Recognise the transgender specific health needs (hormone provision, fertility and mental health issues, sexuality and sexual function)
- Identify gain and confidence in Sexual health and HIV specific needs for the TGD community.
- Apply the newly acquired knowledge, language and skills for providing care to the TGD community in case studies

Programme:

Introductions

Trans 101 – definitions, terminology, language and identity.

Consumer – transgender speaker discussing identity, personal journey, issues with accessing and using health care

Transitioning – medical and psychosocial issues

Case study 1

HIV and sexual health - risks and considerations for the trans community

Mental health issues

case study 2

The transgender community and health systems – issues and solutions.

What others said about this course:

"Great overview, well done guys. Presenters were fantastic, especially Maggie and Melgreat energy guys! Incredible knowledge base and passion! Inspiring!"

"Highly recommended, will educate cis peers on what I've learned"

The Albion Centre – Working towards the virtual elimination of HIV transmission and the elimination of Hepatitis C as a public health threat by 2030