

## ***Sexual Health History Taking for Nurses***

**NEW**

**4 May to 14 June 2020**

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A six week interactive, facilitated online course that examines current epidemiological and sociological rationales for taking a sexual health history taking.

### **Topics covered include:**

- Epidemiology
- Communication
- Risk Assessment
- Interview Skills
- Follow Up Care
- Professional Development

**Who should attend?** Registered and enrolled nurses working in general practice or new to the sexual health sector.

### **Requirements:**

Participants will need an email address and access to the internet. Capacity to undertake a minimum of 3 hours study per week over 6 weeks. There is no set time to be online but participants are expected to log in each week and contribute to discussion forums. This course is counted as 18 hours of continuous professional development.

**Course Fees including GST:     \$250.00**

For enquiries or to register, please contact Albion Education and Development

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*The Albion Centre – Working towards the virtual elimination of HIV transmission by 2020 and the elimination of Hepatitis C as a public health threat by 2030*

## Learning Outcomes:

- Modify a communication style and establish a rapport, where appropriate, to accommodate differences in comprehension due to age, culture, language, health condition, disability and wellbeing
- Articulate how the geographic, cultural and socio-economic characteristics of a local community may impact on the health of individuals
- Integrate knowledge of current trends in sexual health in Australia to obtain informed consent and routine testing for at risk clients
- Apply a person-centred approach to sexual health history taking; including screening and managing risk practice
- Demonstrate ability to initiate discussion about STI and BBV prevention, transmission, implications of results and contact tracing requirements
- Identify how to incorporate sexual health history taking into own practice
- Develop an effective follow up care plan for the client
- Identify referral pathways to health practitioners and service
- Articulate a working knowledge of laws relating to sexual health, own scope of practice and compliance with nursing standards, guidelines, legislation and regulations
- Appraise own nursing practice and seek opportunities for professional development

## Course Outline and Schedule:

	Topic	Activities to complete
Week 1	<b>Background and Epidemiology</b> <ul style="list-style-type: none"> <li>• Sexual Health in Australia</li> <li>• Health Systems</li> <li>• Governance</li> </ul>	Quiz Readings Discussion Forum Watch video
Week 2	<b>Communication</b> <ul style="list-style-type: none"> <li>• Terminology</li> <li>• Communication Styles</li> <li>• Stigma and Discrimination</li> </ul>	Quiz and Collaborative Wiki Readings Discussion Forum Watch video
Week 3	<b>Risk Assessment</b> <ul style="list-style-type: none"> <li>• Sexual and Other Risk Practices</li> <li>• Testing and Contact Tracing</li> <li>• Working with Communities</li> </ul>	Readings 2 Sexual History Discussion Activities
Week 4	<b>Interviews</b> <ul style="list-style-type: none"> <li>• Men who have sex with men</li> <li>• Sex workers</li> <li>• Young People</li> </ul>	3 Case Studies and Discussion Fora
Week 5	<b>Follow Up Care</b> <ul style="list-style-type: none"> <li>• Working within scope of practice</li> <li>• Results Management</li> </ul>	Readings Group Activity
Week 6	<b>Professional Development</b> <ul style="list-style-type: none"> <li>• Self-Care</li> <li>• Informed Consent</li> <li>• Motivational Interviewing</li> <li>• Supervision</li> </ul>	Readings Group Activity Discussion Forum

