

Sexual Health for Trans & Gender Diverse Clients

26 March 2020



A one day workshop on providing inclusive and welcoming sexual health care services for transgender and gender diverse people.

Topics covered include:

- Introduction to transgender health
- The consumer perspective
- Mental Health issues effecting the community
- Transitioning medical and psychosocial issues
- HIV and sexual health considerations for the transgender community
- The transgender community and health systems issues and solutions

Who should attend?

For nurses, doctors and allied health workers. The Workshop is equivalent to 7 hours of study, which may be counted towards continuing professional development within your discipline.

Location:

Surry Hills, Sydney

Course Fees: \$205 including GST

For enquiries or to register, please contact Albion Education and Development

Email: <u>education@thealbioncentre.org.au</u>

Tel: (02) 9332 9720 Fax: (02) 9360 4387 or

Website: http://thealbioncentre.org.au/education-and-information

The Albion Centre - Working towards the virtual elimination of HIV transmission by 2020 and the elimination of Hepatitis C as a public health threat by 2030

Learning outcomes:

- Understand the definitions and terminology commonly used in transgender health
- Gain awareness and have the opportunity to discuss identity, personal journey, issues with accessing or using health care with a community member
- Explain the biopsychosocial aspects of transgender care and incorporate this into standard health care provision within a service
- Recognise the transgender specific health needs (hormone provision, fertility and mental health issues, sexuality and sexual function)
- Identify gain and confidence in Sexual health and HIV specific needs for the TGD community.
- Apply the newly acquired knowledge, language and skills for providing care to the TGD community in case studies

Programme:

Introductions

Trans 101 – definitions, terminology, language and identity.

Consumer – transgender speaker discussing identity, personal journey, issues with accessing and using health care

Transitioning – medical and psychosocial issues

Case study 1

HIV and sexual health - risks and considerations for the trans community

Mental health issues

case study 2

The transgender community and health systems – issues and solutions.

What others said about this course:

"Great overview, well done guys. Presenters were fantastic, especially Maggie and Melgreat energy guys! Incredible knowledge base and passion! Inspiring!"

"Highly recommended, will educate cis peers on what I've learned"

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