

## ***Sexual Health History Taking for Nurses***

**NEW**

**4 May to 14 June 2020**

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A six week interactive, facilitated online course that examines current epidemiological and sociological rationales for taking a sexual health history taking.

### **Topics covered include:**

- Background and Epidemiology
- Language and Communication
- History Taking and Assessment
- History Taking and Diagnosis
- Care Planning
- Professional Development

**Who should attend?** This course was designed with registered or enrolled nurses working in general practice and or those who are new to the sexual health sector.

**Requirements:** Participants will need an email address and access to the internet and will be expected to spend approximately 3 hours per week for 6 weeks to complete the course. This course is counted as 18 hours of study, which can be counted towards continuing professional development. There will be no set time to be on-line but participants are expected to log in each week to complete activities at a time that suits them.

**Course Fees including GST:     \$250.00**

For enquiries or to register, please contact Albion Education and Development

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*The Albion Centre – Working towards the virtual elimination of HIV transmission by 2020 and the elimination of Hepatitis C as a public health threat by 2030*

## Learning outcomes:

At the end of the course it is anticipated that participants will be able to:

- Describe the impact of stigma, discrimination and sexual practices on obtaining accurate health data
- Articulate how the geographic, cultural and socio-economic characteristics of a local community may impact on the health of individuals
- Integrate knowledge of current trends in sexual health in Australia to obtain informed consent and routine testing for at risk clients
- Articulate a working knowledge of laws relating to sexual health, own scope of practice and compliance with nursing standards, guidelines, legislation and regulations
- Modify a communication style and establish a rapport, where appropriate, to accommodate differences in comprehension due to age, culture, language, health condition, disability and wellbeing
- Demonstrate ability to initiate discussion about STI and BBV prevention, transmission, implications of results and contact tracing requirements
- Apply a person-centred approach to sexual health history taking; including screening and managing risk practice
- Identify the major signs and symptoms of acute STIs and BBVs
- Develop an effective follow up care plan for the client
- Identify referral pathways to health practitioners and service
- Identify how to incorporate sexual health history taking into own practice
- Appraise own nursing practice and seek opportunities for professional development

## Course Outline and Schedule:

	Topic	Activities to complete
Week 1	<b>Background and Epidemiology</b> <ul style="list-style-type: none"><li>✓ Sexual Health in Australia</li><li>✓ Governance</li></ul>	Post introduction Discussion forum
Week 2	<b>Language and Communication</b> <ul style="list-style-type: none"><li>✓ Soft Skills</li><li>✓ Terminology</li><li>✓ Stigma and Discrimination</li></ul>	Quiz Discussion forum
Week 3	<b>History Taking and Assessment</b> <ul style="list-style-type: none"><li>✓ Talking about sex and risk</li><li>✓ Testing rationales</li></ul>	Case studies Discussion forums
Week 4	<b>History Taking and Diagnosis</b> <ul style="list-style-type: none"><li>✓ Delivering Results</li></ul>	Case study
Week 5	<b>Care Planning</b> <ul style="list-style-type: none"><li>✓ Health Promotion</li><li>✓ Concluding Care</li></ul>	Case study
Week 6	<b>Professional Development</b> <ul style="list-style-type: none"><li>✓ Self-Care</li></ul>	Discussion forum