

HIV and Nutrition

15 October to 18 November 2018

A five week interactive, facilitated online course providing up to date information on nutrition and HIV. This course addresses the myths and realities relating to nutrition so that participants can assist their clients to make informed decisions.

Topics covered include:

- Introduction to nutrition (optional for dietitians)
- Nutrition requirements in HIV
- Nutrition screening and assessment
- Nutrition strategies for symptom management
- HIV and oral health
- HIV and ageing, management of comorbidities in people with HIV (eg cardiovascular, insulin resistance, HIV-associated neurocognitive disorders (HAND), osteoporosis)

Who should participate? Health care, allied health, welfare, or community workers with HIV positive clients.

Requirements: Participants will need an email address and access to the internet and will be expected to spend approximately 3 hours per week for 5 weeks to complete the course. The course is counted as 2 days (or 15 hours) of study. There will be no set time to be on-line. Participants can complete activities at a time that suits them.

Course Fee: \$190 including GST

NSW applicants may be able to obtain funding from their LHD HARP manager

For enquiries or to register, please contact Albion Education

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The Albion Centre - Working towards the virtual elimination of HIV transmission by 2020